

Breakfast Casserole

8 slices white bread let stand out in open air. Cut into chunks

12 oz sweet sausage

2 eggs

4 egg whites

2 cups milk

1 ½ tsp ground mustard

1 tsp salt

¼ tsp pepper

2 cups cheddar cheese, shredded

Brown and drain sausage

In a large bowl, beat eggs and egg whites

Mix in the milk, mustard, salt, and pepper

Stir in bread, cheese, and sausage

Spray 9 x 13 pad

Pour mixture into pad

Cover and refrigerate overnight

Remove from refrigerator 30 minutes before baking

Bake at 350 degrees for 35-40 minutes