

## Avocado Pudding Dessert

- 3 each Avocados
- 1/3 cup Cocoa Powder
- 1/3 cup Honey
- 3 TBS milk (Coconut, Almond, Whole, etc).
- 1 tsp Vanilla
- 1 Dash Salt
- ¼ cup choc. Chips/cocoa nibs (Hershey's or Lilly's sugar free)

Cut the avocados in half, and scoop out the meat  
Place into blender or food processer  
Add other ingredients except choc. Chips  
Blend  
Manually stir in choc. Chips  
Place mixture into avocado shells  
Chill before serving.