

Andy's BBQ Beef

3 lb Bottom Round roast. (approx)

Place in Crock Pot

Add 1 cup any BBQ sauce.

Add water to cover roast.

Cook the roast on high until very tender, about 6 hours.

Shred roast with a fork.

Sauce

1 Bottle of Chili sauce

put a little water in bottle to get all the sauce out

1/2 cup light brown sugar *

1/2 cup molasses

Mix all together in pot on stove, and bring to boil. Reduce heat and simmer for about 30 minutes.

Add beef and mix thoroughly.

*** 1/2 cup dark brown sugar, 1/4 cup honey**